



Llywodraeth Cymru
Welsh Government



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

CORONAVIRUS

What to do if you have symptoms of Coronavirus

You should stay at home for 7 days if you have either:

- A high temperature
- A new continuous cough

DO NOT ENTER THIS BUILDING

**Instead
contact:**

You need to stay at home and follow self isolation advice on Public Health Wales website:

phw.nhs.wales/coronavirus

You should **ONLY** contact 111 if:

- You feel you cannot cope with your symptoms at home
- Your condition gets worse
- Your symptoms do not get better after 7 days