



Your well-being matters

The four commitments in Wales for creating well-being in the workplace

Create safe working environments which are continuously improving and support health and well-being

Health

- Physical health
- Physical safety
- Mental health

Collective or social

- Employee voice
- Positive relationships

Financial well-being

- Employee financial support
- Retirement planning
- Fair pay and benefit policies

Lifestyle choices

- Physical activity
- Food choice

Fair treatment, dignity and respect for all

Good workplace

- Working environment
- Good line-management
- Work demands
- Autonomy
- Pay and reward



Establish workplace cultures where everyone is involved and informed

Values and principles

- Leadership
- Ethical standards
- Inclusion and diversity

Personal growth

- Career development
- Emotional
- Lifelong learning
- Creativity

Prioritise a culture of continuous learning and development