**Resource 2b**

6. Helping them tell others what they want

Example: Making sure that the mum at your child’s school, who you have been advocating for is happy that your advocacy role has come to an end and that you are happy for her to ask for your support in the future, which you will discuss with her at the time, considering your availability, etc.

Example: Talking through with a Looked After Child their wish to move placement to be closer to their family and what that may mean for their education, friendships, etc.

Example: Preparing for and attending a health appointment with a friend and saying what they have asked you to when they indicate they are too nervous.

5. Helping them decide what they want, including
all potential outcomes

Example: Discuss with a neighbour their unhappiness about the service they received from the police after having their house burgled and whether they wish to attend the police station to discuss with a senior officer, write a letter of complaint, etc.

4. Helping them explore options including processes involved in each

Example: Support a parent to access information from a website about making an insurance claim.

Example: Take time to discuss treatment options with an adult with mental health problems to understand what they want to happen.

3. Establishing what their preferred outcome is

2. Helping them access accurate information

Example: Listening to a pupil about the bullying they are experiencing at school and helping them think about what they want to do i.e. discuss it with a teacher and what may happen as a result, i.e. the bullies may be reprimanded

Example: Take time to listen to a child’s recollection of what happened when they were brought into the care system.

1. Hearing their story – clarifying the issue

8. Making positive endings when the advocacy relationship ends

7. Helping them understand outcomes