**SOCIAL SERVICES AND WELL-BEING (WALES) ACT**

**CASE STUDY**

**Hywel**

Tell me a bit about yourself.

I am Hywel. I am currently two years in to a 20-year prison sentence. I am   
55 years old.

Tell me a bit about what’s been happening?

Six months ago I suffered a stroke. I lost the use of the upper right side of my body. I received some rehab support which included physio. The physio has helped a bit, but I am struggling to do things for myself.

What concerns you most?

I can still get about and I am learning to use my left hand to eat and wash, but there are lots of things I can no longer do. I can’t write to my family, I can no longer play pool with the other lads and I can’t continue to work in the prison workshop as an electrical engineer.

Can we spend a little time exploring what matters to you?

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| --- | --- |
| **National Outcome Framework** | **What matters to me?** |
| Well-being |  |
| Physical and mental health, and emotional well-being | To regain as much use of my right-side as possible. |
| Protection from abuse and neglect |  |
| Education, training and recreation | To continue working as an electrical engineer in the prison workshop. |
| Domestic, family and personal relationships | To maintain contact with my family, especially my children. |
| Contribution made to society |  |
| Securing rights and entitlements |  |
| Social and economic well-being |  |
| Suitability of living condition |  |

What things prevent you from being able to achieve the things that matter to you?

* Not being able to use my right-side means that I am struggling to write to my family.
* It also means that I am unable to continue to work as an electrical engineer

Could support help you achieve the things that matter to you?

I’m not sure.

What are the risks if you are unable to achieve the things that matter to you?

I am worried that if my kids don’t hear from me it will be harder to maintain my relationship with them

What skills and strengths do you have that will help you achieve the things that matter to you?

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| Internal strengths | I don’t give up easily. |
| People who give me strength | My family. |
| Things I am proud of | My kids. |
| Any other strengths | My skills as an electrical engineer. |

What skills, capacity and support do you think your friends and family have to offer that might help you achieve the things that matter to you? (E.g. do you share any common interests?)

I don’t think they can really help me while I’m in here.

What skills, capacity and support do you think the community has that could help you achieve the things that matter to you?

* The prison workshop has asked me if I want to help train others in electrical engineering rather than do the work myself. I’m not sure I’ll be any good at teaching others but I guess it’s better than doing nothing.
* I think the prison has a letter writing assistance service.

Are the skills, support and capacity available sufficient to enable you to achieve the things that matter to you?

Probably, yes.

Eligibility determination.

Hywel does not have eligible care and support needs.

He should, however, be given information – and assistance, if needed – about the prison letter writing service and considered for additional physio support.