

**Overview**

This standard covers encouraging and supporting individuals undergoing dialysis therapy, both haemodialysis and Continuous Ambulatory Peritoneal Dialysis (CAPD), to optimise their own health and enabling them, and their carers, to carry out dialysis procedures.

The standard also covers supporting individuals undergoing dialysis, and their carers, to adjust to changes brought about by the individuals condition and treatment. It is recognised within this standard that support and advice will always be given as part of an overall plan of care determined by professionals, such as doctors, nurses, dieticians and social workers, within the care team.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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## Encourage and support individuals undergoing dialysis therapy

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### Performance criteria

#### *You must be able to:*

- P1 apply standard precautions for infection prevention and control and other relevant health and safety measures
- P2 check the individual's identity and confirm the planned activity
- P3 give the individual relevant information, support and reassurance in a manner which is sensitive to their needs and concerns
- P4 gain valid consent to carry out the planned activity
- P5 ensure that all information and advice given is:
  - P5.1 within your own sphere of competence
  - P5.2 consistent and supports and adheres to the individual's plan of care
  - P5.3 appropriate to the needs and concerns of the individual and their carer and is likely to enhance their understanding
- P6 establish with the individual and their carer how much assistance they require and encourage them to take an active role in treatment activities and decisions
- P7 give full and accurate information and appropriate encouragement and support to the individual to enable them to be as self-managing as possible in:
  - P7.1 taking their medication as prescribed by the professional
  - P7.2 caring for the dialysis access site and how to recognise and report any changes
  - P7.3 preparing the necessary resources and skin area and to clean their hands effectively prior to connecting dialysis equipment
  - P7.4 carrying out the activity using the correct technique at appropriate times according to the plan of care
  - P7.5 disposing of waste materials in an appropriate safe manner and place and to understand the reasons for doing so
- P8 reinforce any information and advice given by the professional relating to:
  - P8.1 diet and activity
  - P8.2 potential health problems which may arise because of the individual's condition and therapy
- P9 enable the individual and/or their carer to recognise progress and problems with the activity and either cease the activity or seek advice where necessary
- P10 seek advice immediately from the appropriate professional if there are any indications which may signify the activity is no longer appropriate or there are adverse reactions
- P11 give full and accurate details of how to seek help in case of difficulties with dialysis to the individual and/or their carer in an appropriate manner, level and pace

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- P12 encourage and support the individual and their carer to seek further information or clarification on any points of which they are unsure
  - P13 positively encourage the individual and their carer to express their feelings, wishes, needs and concerns regarding the individuals condition, treatment and related changes
  - P14 give information on ways of adjusting to or coping with changes which are appropriate to the individuals personal beliefs, preferences and circumstances
  - P15 explore options for adjusting to and/or coping with changes with the individual and/ or their carer in a manner which recognises and respects their personal needs, beliefs and preferences and in line with your role
  - P16 answer any questions from the individual and/or their carer clearly and accurately and in an appropriate manner that are within your own sphere of competence and refer any questions which are outside your remit to an appropriate member of the care team

**Knowledge and understanding**

*You need to know and understand:*

- K1 the current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to encouraging and supporting individuals undergoing dialysis therapy
- K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance
- K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer
- K4 the importance of applying standard precautions to the encouragement and support of individuals undergoing dialysis therapy and the potential consequences of poor practice
- K5 the importance of working within your own sphere of competence and seeking advice when faced with situations outside your sphere of competence
- K6 the extent of the action you may take, including the information you may give to an individual and their carers
- K7 the importance of supporting and reinforcing information given in the plan of care
- K8 the importance of giving advice and information in a manner, level and pace which is appropriate for the individual and their carer
- K9 the importance of individuals and their carers being actively involved in their treatment and decisions relating to their care.
- K10 the importance of providing responses, information and support which are appropriate to individual's needs, concerns and personal beliefs, preferences and circumstances
- K11 what aspects of dialysis access site care can be undertaken by the individual themselves, and how this relates to individualised plans of care
- K12 the knowledge and information which is needed by individuals in relation to caring for their own dialysis access site, including the restrictions and requirements of their particular type of access site.
- K13 which types of medication are commonly taken by individuals undergoing renal dialysis and why it is important that they are taken as prescribed
- K14 the common health problems and their signs and symptoms which individuals undergoing renal dialysis may experience, relating both to their condition and to the therapy they are receiving,
- K15 what individuals need to do if health problems occur
- K16 the importance of keeping accurate and up to date records
- K17 the importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff

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### **Additional Information**

#### **External Links**

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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<b>Suite</b>	Clinical Health Skills
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