

SCDSW17

Apply methods and models of social work intervention to promote change



Overview

This standard is for social workers working with individuals, families, carers, groups and communities. Sound knowledge of a range of evidence-based interventions, coupled with a social worker's use of self in applying them, stand as key resources in social work practice. The focus of the intervention may be a group, an individual or a system within which an individual functions. The standard recognises that different interventions will need to be selected for different situations, and the choice explained when necessary. The standard also stresses the need for careful reflection on the effectiveness of any intervention used, with an openness to learn and adapt practice to help achieve change as the intervention proceeds.

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Performance criteria

You must be able to:

- P1 research a range of methods and models of social work intervention that may promote change in specific situations
- P2 analyse how your own professional and interpersonal skills can be demonstrated within methods and models of social work intervention
- P3 articulate your rationale for choosing particular interventions in specific situations
- P4 use your own professional and interpersonal skills to apply social work interventions
- P5 monitor through reflection in practice the effectiveness of the interventions in achieving change
- P6 revise interventions to take account of reflective monitoring

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Knowledge and understanding

You need to know and understand:

- K1 the characteristics of the home nation, its language, culture, geography and institutions
- K2 theories underpinning our understanding of human development and factors that affect it
- K3 theories underpinning our understanding of social issues from psychological, sociological and criminological perspectives
- K4 theories of discrimination in contemporary society
- K5 theoretical and research based critiques of the relationships between legislation, policies and social work practice
- K6 social work as a profession, including historical accounts and contemporary issues
- K7 the nature, role and mandate of the social work relationship, including professional and ethical boundaries
- K8 principles, theories, methods and models of social work intervention and practice
- K9 **factors** commonly associated with social work involvement
- K10 demographic and social trends
- K11 your own background, experiences and practices that may have an impact on your social work practice
- K12 principles of risk assessment and risk management
- K13 principles of positive risk-taking
- K14 techniques for problem solving and innovative thinking
- K15 principles of conflict management
- K16 the nature of conflict and post-conflict impact on society
- K17 working in your organisation: principles, procedures and professional practices
- K18 assessment and planning tools and frameworks
- K19 the cultural and language context of the individual, family, group or community
- K20 principles of partnership working with individuals, families, carers, groups and communities

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- K21 local multi-disciplinary and organisational procedures for investigating harm or abuse
- K22 common features of perpetrator behaviour
- K23 indicators of hostility, resistance or disguised non-compliance
- K24 the potential of individuals to use their personal strengths and resources to achieve change
- K25 the value and role of family networks, communities and groups in achieving positive outcomes, and ways to develop them
- K26 the brokerage role in securing services
- K27 principles of reflective practice, critical thinking and learning
- K28 processes and requirements for formal supervision within your own organisation
- K29 how and when to access informal support in the course of practice
- K30 sources of feedback that may inform reflection on practice and critical thinking

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Additional Information

Scope/range

Social work practice with individuals, families, carers, groups and communities in a wide range of contexts including statutory and non-statutory social services, community development, criminal justice and educational welfare.

Scope/range related to performance criteria

Methods and models of social work intervention include group work, systems theory, counselling, cognitive behaviour therapy, solution focussed approaches, restorative practices, etc

Scope/range related to knowledge and understanding

Factors may include substance misuse; mental health; frailty; physical ill health; physical disability; learning disability; sensory needs; migration and asylum; poverty; adults or children at risk of harm or abuse; children in need; difficulties around schooling; ethnic or other minority group status; offending behaviour; public protection

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Values

Adherence to the regulatory codes of practice applying to social workers, and the values embedded in them

Skills

- 1 plan courses of action to achieve identified outcomes
- 2 communicate in an open, accurate and understandable way
- 3 adapt communication for a range of audiences
- 4 facilitate each person's use of language and chosen form of communication
- 5 maintain the trust and confidence of individuals, families, carers, groups and communities
- 6 work effectively with those whose views or values conflict with your own
- 7 negotiate with others to achieve agreement in complex situations
- 8 challenge others when necessary, in ways likely to achieve change
- 9 apply critical thinking to information from a range of sources
- 10 analyse and synthesise complex information
- 11 apply creative thinking to resolve complex problems
- 12 make professional judgements about complex situations
- 13 use your own interpersonal and other skills and knowledge as a resource
- 14 apply person centred approaches
- 15 balance person centred outcomes and the well-being of others
- 16 exercise assertiveness, power and authority in ways compatible with social work values
- 17 access and use information and communications technology systems for the collection, storage and dissemination of information
- 18 access and use professional supervision and support in situations beyond your own knowledge or experience
- 19 use research skills
- 20 apply critical thinking to reflect on your own practice
- 21 synthesise knowledge and practice

Links to other NOS

This NOS links closely with:
SCD SW 9 Engage people in social work practice

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SCD SW 14 Plan in partnership to address short and longer term issues

SCD SW 15 Agree risk management plans to promote independence and responsibility

SCD SW 19 Evaluate outcomes of social work practice

External Links

This NOS links with regulatory codes of practice applying to social workers

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