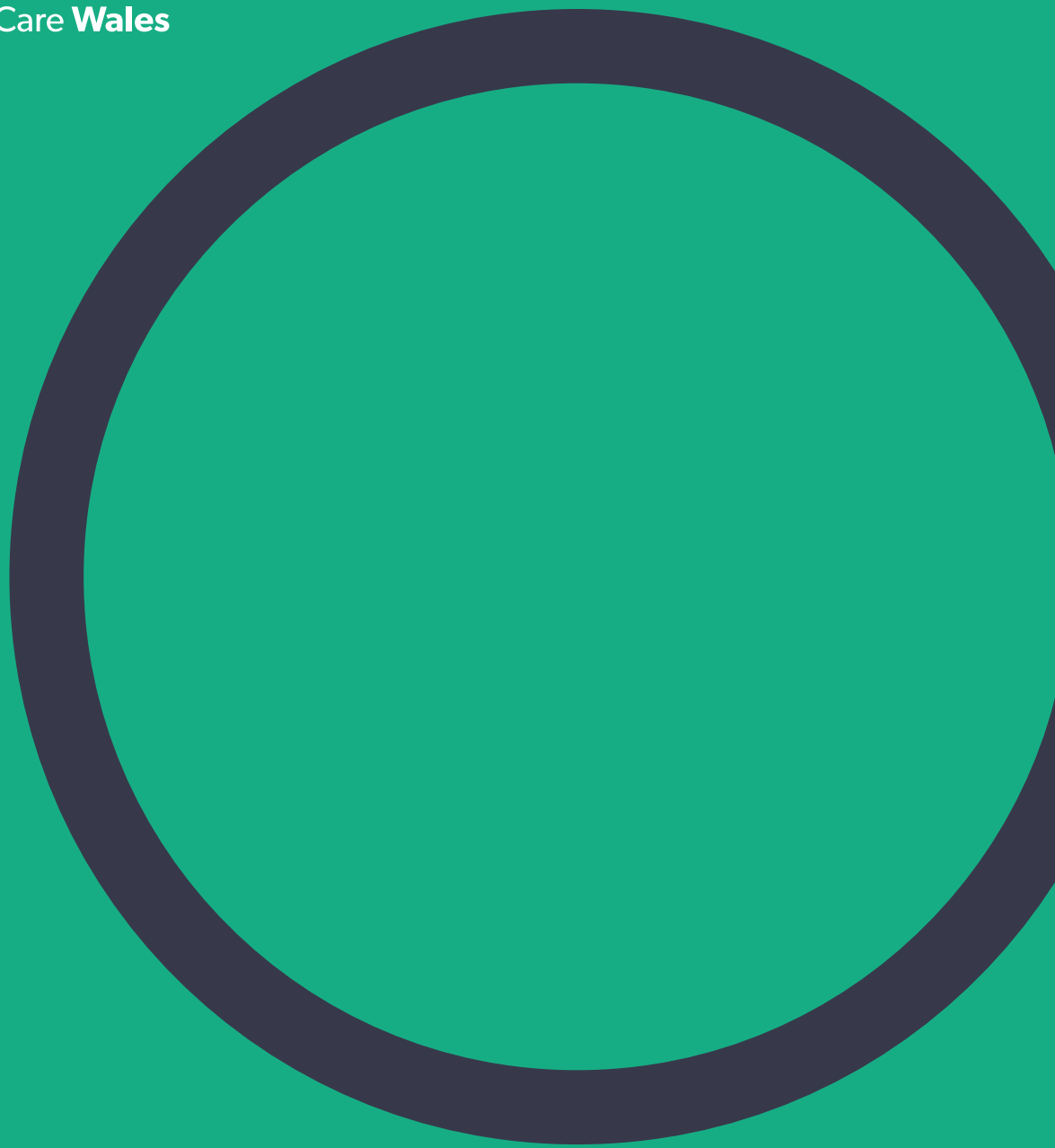




Gofal Cymdeithasol **Cymru**
Social Care **Wales**



All Wales induction
framework for
health and social care:
Progress log seven

Health and Safety in health and social care

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Noddir gan
Lywodraeth Cymru
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Copies also available in Welsh.

7.1 Health and Safety in the workplace

How to meet legislative requirements for health and safety in the workplace

7.1a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
Key relevant legislation that relates to health and safety in the workplace and what this means in practice			
The responsibilities of employers, the worker and others for health and safety at work			
The importance of working within the limits of own role and responsibilities			
The importance of raising concerns about practices or working conditions that are unsafe or risky			

7.1b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Meet your responsibilities in line with health and safety legislation			
Adhere to your workplace policies and procedures for health and safety			
Follow workplace processes for the recording and reporting of any concerns or incidents related to health and safety			

7.2 Risk assessments for health and safety

How risk assessments are used to support health and safety in the work place

7.2a Core knowledge learning outcomes for all workers	Evidence	Assessed by who and when	Signatures
What is meant by 'risk assessment' in relation to health and safety			
The types of accidents, incidents, emergencies and health and safety hazards that may occur in the workplace			
Why it is important to risk assess any identified hazards related to the work setting or activities			
Responsibilities for carrying out, recording and following risk assessments for work activities			
The difference between formal recorded risk assessments and those that are carried out routinely as part of working practice e.g. checking a room for tripping hazards on entry			
The importance of reporting concerns or incidences that have or may be likely to occur			

7.2b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Are compliant with health and safety risk assessments for your workplace and procedures for reporting concerns or incidents			

7.3 Fire safety

How to promote fire safety in work settings

7.3a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
Key legislation that relates to fire safety			
The responsibilities of employer, the worker and others for fire safety in the work setting			
Practices that prevent fires from starting and spreading			
The importance of knowing about and following fire evacuation procedures			
The importance of maintaining clear exit routes at all times			
7.3b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Adhere to the procedures of your work setting that must be followed in the event of a fire			

7.4 Moving and handling and moving and positioning

The principles of moving and handling and moving and positioning

7.4a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
The meaning of the terms 'moving and handling' and 'moving and positioning'			
Key legislation that relates to moving and handling and what this means in practice			
The principles and techniques of moving and handling			
The implications of poor practice in moving and handling			

7.4b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Undertake safe moving and positioning and/or moving and handling in accordance with your training and in the context of your role			

7.5 Emergency first aid

How and when emergency first aid can be applied in the work setting

Note: workers in health and social care settings would be expected to attend an external first aid course to complete this area of learning if it is relevant to their role

7.5b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Attended emergency first aid training suitable to your role and know when it is appropriate to apply emergency first aid and when medical help needs to be sought			

7.6 Infection prevention and control

The main routes to infection and how to prevent the spread of infections in the workplace

7.6a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
The difference between bacteria, viruses, fungi and parasites			
Common illnesses and infections caused by bacteria, viruses, fungi and parasites and the potential impact of these			
What is meant by the terms 'infection' and 'colonisation'			
What is meant by the terms 'systemic infection' and 'localised infection'			
How infections are transmitted and poor practices that may lead to this			
Factors that make it more likely that infections will occur			

7.6a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
Key legislation and standards related to infection prevention and control			
The role and responsibilities of employers, workers and others for infection prevention and control			
How to maintain a clean environment to prevent the spread of infection			
The importance of good personal hygiene to prevent the spread of infection			
Hand washing technique to prevent the spread of infection			
The use of personal protective equipment to prevent the spread of infection			

7.6b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Follow good hygiene practice			
Implement your workplace policies and procedures for infection prevention and control			
Follow hand washing technique that is used to prevent the spread of infection			

7.7 Food safety

How to implement food safety measures

7.7a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
Key legislation for food safety			
The role and responsibilities of employers and workers for food safety			
The importance of implementing food safety measures			
Food safety hazards that can occur through the preparation, serving, clearing away and storing of food and drink			
Why surfaces, utensils and equipment must be clean for food preparation			
When personal protective equipment should be used			

7.7a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
Safe storage of food and drink			
Safe disposal of food waste			

7.7b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Follow your workplace policies and procedures in relation to food safety			

7.8 Hazardous substances

How to store, use and dispose of hazardous substances safely

7.8a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
What is meant by the term 'hazardous substances'			
What is meant by the term 'Control of Hazardous Substances'			
The types of hazardous substances that may be found in the workplace			
Safe practice for: storing, using, dealing with spillages and disposing of hazardous substances			

7.8b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Follow your workplace policies and procedures for the storage, use and disposal of hazardous substances			

7.9 Security in the work setting

How to maintain security in the work setting

7.9a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
Potential risks to security in the work setting			
Safe practice to ensure security in the work setting			

7.9b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Adhere to arrangements that are in place to ensure that you, individuals and others are safe in the work setting			
Adhere to workplace policies and procedures for lone working, advising of whereabouts and access to the work setting			

7.10 Managing stress

How to manage stress

7.10a Core knowledge learning outcomes for all workers	Evidence used	Assessed by who and when	Signatures
The common signs and indicators of stress			
The circumstances that can trigger stress			
Ways to manage stress			
The importance of recognising stress and taking action to reduce it			
Where to access additional support if experiencing stress			

7.10b Additional AWIFHSC Learning Outcomes: You are able to work in ways that:	Evidence used	Assessed by who and when	Signatures
Using supervision to discuss your well-being with your line manager			