

NSC 2018

NATIONAL SOCIAL CARE CONFERENCE

11-13 SEPTEMBER

LEARNING ZONE PROGRAMME

AT THE ROYAL WELSH COLLEGE OF MUSIC AND DRAMA, CARDIFF







Conference launch

Tuesday, 11 September

6.00-8.00pm Exhibition area, Foyer

Conference reception

Learning Zone sessions – day 1

Wednesday, 12 September

9.30-10.00amRichard Burton Theatre, Ground floor

John Williams and Alan Clarke, Aberystwyth University

The Dewis Choice Project

Researchers from Aberystwyth University and practitioners provide feedback about their pilot projects in Carmarthenshire and Cardiff about spotting the early warning signs of elder abuse and giving choice to older people in safeguarding

10.00-10.30am Richard Burton Theatre, Ground floor

Beti George, Welsh radio and television broadcaster

A personal account of caring for a loved one with dementia

Beti George's partner, David Parry-Jones, was diagnosed with Alzheimer's in 2009, and she cared for him until his death in 2017. Since then, Beti has continued her tireless campaign for better support for those living with dementia and their carers. In this session, Beti will give a frank and personal account of what it's like to care for a loved one with dementia, as well as her views on how support should be improved for those affected by the disease

10.30-11.00am Richard Burton

Richard Burton Theatre, Ground floor

Hilary Hyett, North and West Cardiff Community Resource Team

Providing multi-disciplinary care and support to care homes through collaboration, and the development of the Cardiff Care Home

How the Care Home Integrated Support Team (CHIST) is providing support and education to private care homes across Cardiff through interagency working. Through targeted intervention, support and staff education, the team has shown improvements in the use of 999 calls, the use of out-of-hours services, emergency unit attendances and duration, and the number of hospital admissions

11.00-11.30am Richard Burton Theatre, Ground floor

Claire O'Shea, Campaign to End Loneliness

What can we do to end loneliness?

The Campaign to End Loneliness has been exploring what it means to be lonely in rural and isolated areas in Wales. The issues faced include dispersed communities, transport problems, lack of services, and the challenges of irregular and unstable employment. This session explores how we can create connections in communities

11.30-12.30pm Richard Burton Theatre, Ground floor

Emma Sullivan and Aiden Richards with young people from care, Children in Wales and Voices from Care

Bringing contact into the 21st century

An interactive workshop presented by young people from care about bringing contact into the 21st century. Featuring real-life stories and experiences of contact in care, this session will explore the promotion of sibling relationships, and incorporating the use of technology and social media when making contact plans

Richard Burton Theatre, Ground floor

12.30-1.00pm

People affected by dementia from across Wales with the support of Huw Owen and Jane Platts, Alzheimer's Society Cymru

Panel discussion on dementia

Want to learn more about what it's like to live with dementia or care for someone with dementia? This session will give practitioners an opportunity to put their questions to a panel of people living with dementia, their carers and supporters who have experience of accessing and using social care in Wales

1.00-1.30pm Richard Burton

Ground floor

Richard Burton Theatre,

Amy Davies, social worker and foster carer *Amy's story*

Amy Davies is an inspiration. After spending much of her childhood in foster care, Amy last year received her MA from Cardiff University while caring for her son and five foster children full-time. Amy now works as a social worker. Here she tells her story of experiencing the care system from different perspectives

1.30-2.30pm Richard Burton Theatre, Ground floor

Stuart Khokhar, foster carer

Supporting and stabilising foster placements

Foster carer Stuart Khokhar shares his reflections about his family's decision to become foster carers. In this session, he'll talk about the family's experience of the recruitment and assessment process, and what it was like to foster a child from birth for the first time

2.30-3.30pm Richard Burton Theatre, Ground floor

Liane James, Assistant Chief Constable, seconded to the Welsh Government's Violence Against Women, Domestic Abuse and Sexual Violence Team

The effectiveness of the Welsh Government, Community Safety Partnership and other public services' response to domestic homicide reviews

In this session, Liane James will discuss the findings of her work looking at the effectiveness of domestic homicide reviews (DHR) in Wales. These reviews aim to prevent domestic murders by identifying the lessons learned from previous cases and taking action to ensure change

3.30-4.30pmRichard Burton Theatre, Ground floor

Martina McCrossan and Kathy s'Jacob, National Adoption Service for Wales and AFA Cymru

Life journey wor

This session will explore the case for change in how life journey work is carried out in Wales based on the views of young adopted people and adoptive parents, as well as research and evidence about why it is crucial that life journey work is done well and in a timely manner

4.30-5.00pmRichard Burton Theatre, Ground floor

Gemma Halliday and Liz King-Jones, Social Care Wales

Helping more care workers use Welsh in their jobs

Work Welsh is a pilot programme that aims to encourage more care workers to speak Welsh. This session will introduce the project and explore some of the tools that will be made available to help care workers improve their Welsh language skills so they feel more confident using Welsh with the people they support

Please note the information in this programme was correct at the time of going to print and may be subject to change.

Extra Learning Zone sessions

Wednesday, 12 September

3,			
9.00-9.30am Seligman Studio, Level 1	Chris Richards and Katie Fry, Citizens Advice Newport Gambling Support Service Reducing gambling-related harm within frontline agencies This workshop will look at the prevalence of gambling-related harm and provide practitioners with brief intervention tools, as well as information about local and national support services		
9.30-10.30am Simon Gibson Studio, Level 2	Dawn Hutchinson and Charlotte Oliver, All Wales Consultant Social Worker Steering Group Holding the sunshine and the shadows: helping children make sense of traumatic life events This session will help practitioners understand how to safely discuss traumatic life events when providing life journey work. It will provide practical ideas for addressing these matters with children, young people and adults		
10.30-11.30am Shirley Bassey Studio, Level 2	Emma Jenkins and Alison Turner, Cwm Taf University Health Board and Abertawe Bro Morgannwg University Health Board Positive approach to care: empowering the social care workforce This session will explain the positive approach to care philosophy, explore what people with dementia want, need and think, and look at practical strategies to help practitioners respond and react to people with dementia and help them improve their well-being outcomes		
10.30-11.30am Seligman Studio, Level 1	Laura Tranter, Charlotte Waite, Chloe Cooper and Seren Hamilton, Ace Hub Adverse childhood experiences and you A short theatre piece featuring young people that explores adverse childhood experiences from their perspectives		
10.30-11.30am Simon Gibson Studio, Level 2	Sara Harvey, Wendy Thomas and Frances Rees, Welsh Local Government Association Are you positive about working with autism? A look at the ethos and progress of the new Integrated Autism Service across Wales, including case studies. This session will mainly explore raising awareness of autism spectrum disorder among employers		
11.30-12.30pm Seligman Studio, Level 1	Huw Davies, Richard Thomas and Valerie Billingham, Age Cymru – Golden Thread Advocacy Programme and Bridgend County Borough Council Developing a local model for providing independent professional advocacy This session will explore the commissioning model used by Bridgend County Borough Council to deliver its independent professional advocacy service for adults. It will focus on Bridgend's decision to commission an innovative hub and spoke pilot model to provide this service		
11.30-12.30pm Simon Gibson Studio, Level 2	Vicky Poole and Christine Jones, Care Inspectorate Wales The revision of the local authority framework for inspection and performance review The inspectorate is keen to hear your views about its revision of the local authority framework for inspection and performance review, and how it can inspect and review performance in line with the Social Services and Well-being (Wales) Act 2014		
12.30-1.30pm Seligman Studio, Level 1	Steve Vaughan, Keith Moultrie and Janet Kelly, National Commissioning Board and the Institute of Public Care (IPC), Oxford Brookes University Guidance on the integrated commissioning of services for children with complex needs due to disability and/or ill health An introduction to the new guidance developed by the National Commissioning Board and IPC to help local authorities and local health boards in Wales move towards a more outcomes-focused approach to commissioning care and support for children and young people with complex needs		
12.30-1.30pm Simon Gibson Studio, Level 2	Joanne Bartlett, Wales Co-operative Centre Making micro co-ops a reality Micro co-ops are a new model for providing citizen-led care that gives the citizen ownership and control over their care. It works in co-operation with their family and friends to plan and review their support arrangements. This session will look at how this emerging model could be used to support older people and adults with learning difficulties		

12.30-1.30pm **Shirley Bassey** Studio, Level 2

Philip Provenzano and Sarah Broadhurst, Institute of Public Care, **Oxford Brookes University**

The art of the possible: enabling good lives for people with a learning disability and/or autism and managing demand

This session will explore the balance between enabling people with a learning disability and/or autism to lead good lives within their communities, while better managing demand and resources

Learning Zone sessions – day 2

Thursday, 13 September

9.30-10.00am Richard Burton Theatre. Ground floor

Judith Davies, Dot Williams, Malcolm Thomas and Diane Cooper, The Open University

The changing face of social care and social work education – a distance learning perspective An employer, a student and a tutor share their experiences of distance learning in this session presented by Judith Davies, the Head of Social Work (Wales) at The Open University

10.00-10.30am **Richard Burton** Theatre, Ground floor

Jon Day and Kate Salter, Social Care Wales

Attracting more people to work in social care Sharing the early thinking behind a major national campaign to attract and recruit more people to work in social care, and early years and childcare

10.30-11.30am **Richard Burton** Theatre. Ground floor

Alistair Davey and Phil Evans with Natalie Avery and Henry Vaile, **Ministerial Advisory Group for Improving Outcomes for Children** Ministerial Advisory Group for Improving Outcomes for Children

The Ministerial Advisory Group's work focuses on identifying early and preventative action to help reduce the number of children taken into care, as well as improving outcomes for children already in care and care leavers. This session will showcase the group's current work and seek feedback from practitioners about its priorities

11.30-12.30pm **Richard Burton** Theatre, Ground floor

Jessica Matthews, Social Care Wales

Explaining personal outcomes

Working in an outcomes-focused way helps people who receive care achieve better outcomes, and social workers who work in this way have said it provides them with greater job satisfaction. This session gives practitioners an opportunity to improve their understanding of personal outcomes and how they can work in an outcomes-focused way

Extra Learning Zone sessions

9.30-10.15am Seligman

Studio, Level 1

Edge of care: parental resistance

Heidi Goodwin, Barnardo's Children's Services

This session will explore therapeutic tools for promoting change, working with family values and strengths, and rolling with resistance. Using case studies, it will also explain why the service values these techniques to help them break down barriers with families, and build rapport and trust

10.30-11.00am Seligman

Studio, Level 1

Gwyndaf Parry and Suzanne Draper, Social Care Wales and Data Cymru National Social Care Data Set for Wales

Earlier this year, the first national social care data set for Wales was launched bringing together a range of data from different sources about the demand and supply of social care services. This session will look at how practitioners can make use of this data in their work

11.30-12.15pm Seligman Studio, Level 1

Emma Popo and Julian Fabian, NSPCC

Making the right decision for looked after children – an evidence-informed framework This session will cover statistics about exiting care and outcomes of those who return home, an introduction to the framework and evidence base, putting the framework into practice approaches and experiences, understanding the Welsh context, and more

Networking zone

Wednesday, 12 September

RESEARCH CORNER

In the social care research corner, you can:

- hear and read about current social care research in Wales
- learn about links to social care research you might be interested in
- find out what Social Care Wales and Health and Care Research Wales are doing to support social care research in Wales
- speak to the Wales School for Social Care Research about your ideas for research and how to take them forward.

You can visit the research corner anytime throughout the day. There will be interactive talks at lunchtime and during the morning tea break.

TIMETABLE				
10.45-11.15am	Heather Tyrrell Developing co-productive models of outcome-based social work supervision			
12.15-1.00pm	Fiona Verity and Nick Andrews, The Wales School of Social Care Research "Catch and hatch" session			
1.00-1.30pm	Dr Christala Sophocleous, WISERD – Cardiff University Social care value in social care systems			
3.00-3.30pm	Dr Alison Orrell, Bangor University Social network analysis in north Wales			
All day	Lisa Trigg and Gwyndaf Parry, Social Care Wales Future-proofing social care data – share your thoughts about using data in research			
All day	The Wales School for Social Care Research Talk to a researcher – find out how to progress a research idea			

RESEARCH STANDS				
1	Health and Care Research Wales			
2	Social Care Wales			
3	The Wales School for Social Care Research (WSSCR)			
4	The Dementia Engagement and Empowerment Project (DEEP)			
5	Wales Institute of Social and Economic Research, Data and Methods (WISERD)			
6	Continuing Professional Education and Learning for Social Workers in Wales (CPEL)			
7	Enrich / My Home Life Cymru			

Our exhibitors

We're delighted to welcome almost 50 exhibitors to the National Social Care Conference in 2018. Here's a list of our exhibitors and where to find them...

STAND	EXHIBITOR	STAND	EXHIBITOR
1	CareWorks	27	The Chartered Society of Physiotherapy
2	NSPCC Cymru/Wales	28	Academi Wales
3	NSPCC Cymru/Wales	29	Welsh Government
4	The Open University in Wales	30	Third Sector Support Wales
5	Practice Solutions	31	Tunstall Healthcare
7	ADSS Cymru	32	Age Cymru
8	Social Care Wales	33	Healthcare Inspectorate Wales
9	ICS Assessment Services		and Care Inspectorate Wales
10	Data Cymru	34	North Wales Regional
11	Dewis Cymru		Collaborative Committee
12	Skylakes	35	GMB
13	CM2000	36	Art exhibition
14	Appropriate Adults UK	37	Art exhibition
15	Barnardo's Cymru	38	Sibling carers exhibition
16	Independent Inquiry into Child Sexual Abuse	39	Sibling carers exhibition
17	The Welsh NHS Confederation	40	Accomplish
18	National Commissioning Board Wales	41	Forget Me Not Choir
19	Wales Co-operative Centre	42	Wales & West Utilities
20	Shared Lives Plus	43	GambleAware
21	The Guardian	44	Delta Wellbeing
22	Regener8	45	Public Health Wales
23	Carers Trust Wales	46	Alzheimer's Society
24	Children in Wales	47	HC-One
25	BASW Cymru	48	Community Care
26	Disabled Living Foundation	49	Post-It wall
		50	Ideas wall

Map of venue

