**SOCIAL SERVICES AND WELL-BEING (WALES) ACT**

**CASE STUDY**

**Colin**

Tell me a bit about yourself.

I am Colin. I am currently 10 years in to a 20-year prison sentence. I am
63 years old.

Tell me a bit about what’s been happening?

Eight years ago I suffered a stroke and lost the use of the upper right-side of my body. I had regained some use of my right-hand, but six months ago I suffered a second stroke. This time I have lost the use of my right-side completely, including the use of my right leg. I struggle to get to the toilet in time and so I am frequently wetting myself. My speech is also slow and a bit slurred.

What concerns you most?

I can no longer take care of myself.

Can we spend a little time exploring what matters to you?

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| **National Outcome Framework** | **What matters to me?** |
| Well-being | To wash and dress daily.To manage my toilet needs more effectively. |
| Physical and mental health, and emotional well-being | To regain as much use of my left side as possible. |
| Protection from abuse and neglect |  |
| Education, training and recreation |  |
| Domestic, family and personal relationships |  |
| Contribution made to society |  |
| Securing rights and entitlements |  |
| Social and economic well-being |  |
| Suitability of living condition |  |

What things prevent you from being able to achieve the things that matter to you?

My lack of mobility is preventing me from washing and dressing myself, and from using the toilet when I need to.

Could support help you to achieve the things that matter to you?

I need someone to assist me to wash and dress. I need the right equipment to do as much of it as possible for myself and I need some reasonable adjustments to allow me to access the toilet facilities quickly when I need to.

What are the risks if you are unable to achieve the things that matter to you?

My health will deteriorate further.

What skills and strengths do you have that will help you achieve the things that matter to you?

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| Internal strengths | I don’t give up easily. |
| People who give me strength | My family. |
| Things I am proud of | My kids. |
| Any other strengths |  |

What skills, capacity and support do you think your friends and family have to offer that might help you achieve the things that matter to you? (E.g. do you share any common interests?)

My family can’t help me in here. I have a few mates in here and they help me write to my family and stuff, but they can’t help with this.

What skills, capacity and support do you think the community has that could help you achieve the things that matter to you?

I don’t know. The physio comes to see me and there is a bloke who helps me have a bath once a week but otherwise it’s left to the prison officers who are too busy most of the time.

Are the skills, support and capacity available sufficient to enable you to achieve the things that matter to you?

No.

Eligibility determination.

Colin has eligible care and support needs. Care and support could include:

* The Prison Healthcare Service providing support with washing and dressing in the morning and during the evening
* A bell in his cell to call for help when he needs to use the toilet
* Reducing sleep time to allow more time in the morning to get to the toilet
* Handrail or raised toilet seat in a toilet facility close by (make it easier and quicker to use the toilet).