**SOCIAL SERVICES AND WELL-BEING (WALES) ACT**

**EXERCISE**

**Self-Assessment**

Complete the learning needs self-assessment below. Look at the learning areas and reflect on how capable and confident you are in each area. Give yourself a score from 1 (very low) to 5 (very high). Use the comments section to summarise why you have given yourself that score:

|  |  |  |
| --- | --- | --- |
| **Learning area** | **Score 1-5** | **Comments on  learning needs** |
| I understand the principles that underpin safeguarding |  |  |
| I know what the law, regulations and guidance says about safeguarding adults/children |  |  |
| I know what is expected of my role |  |  |
| I am able to use the law, regulations and guidance to prevent abuse and neglect (and harm for children) in my role |  |  |
| I know what the All Wales policy/procedures says that is relevant to my role |  |  |
| I am able to use the All Wales policy/ procedures and my local policy/procedures  to safeguard children/adults in my role |  |  |
| I can support other people to safeguard  adults/ children |  |  |
| I seek help, advice and support when I need it |  |  |