**SOCIAL SERVICES AND WELL-BEING (WALES) ACT**

**EXERCISE**

**Well-being of Children**

Consider how you could assess the well-being of children. The table below contains a set of questions that map across to the definition of well-being and the national outcomes framework. Complete the table below giving examples for each element of well-being (adding to or amending the statements and questions given):

| **Element of well-being** | **Statements and Questions** |
| --- | --- |
| 1. Physical and mental health and emotional well-being
 | We all like to be as healthy as we can be. How do you do this? Do you have:* People who support you to be healthy?
* Someone who looks after you if you are sick or hurt?
* Someone who gives you healthy food to eat?
* Someone who keeps you clean?
* Someone who talks to you about feelings?
 |
| 1. Protection from abuse and neglect
 | It is important to feel safe. We all need someone who helps us to feel safe and protected from harm. Do you have:People who keep you safe?Someone who protects you from danger?Someone you can tell if you are frightened or sad? |
| 1. Education, training and recreation
 | Every child should have opportunities to learn and people to encourage them to do their best. Do you have:Someone who supports you to learn new things?Someone who says ‘well done’ when you try your best?Someone who helps you to try things on your own?A favourite toy, game or thing to do? |
| 1. Domestic, family and personal relationships
 |  |
| 1. Contribution made to society
 |  |
| 1. Securing rights and entitlements
 |  |
| 1. Social and economic well-being
 |  |
| 1. Suitability of living accommodation
 |  |