### **SFHAB7** Provide services to those affected by someone else's substance use



#### **Overview**

For this standard you need to provide services to those affected by someone else's substance use. This includes enabling those affected by someone else's substance use to explore and select options, supporting those affected by someone else's substance use to put selected options into practice and empowering those affected by someone else's substance use to review the effectiveness of selected options.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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# Performance criteria

You must be able to: P1 respect the individual's right to confidentiality

- P2 set up the appropriate environment to make the individual as comfortable as possible
- P3 encourage the individual to identify issues concerning them
- P4 encourage the individual to explore the range of options open to them
- P5 provide up to date information on the range of options
- P6 encourage the individual to explore the advantages and disadvantages of the range of options
- P7 encourage the individual to consider the implications of selecting an option
- P8 encourage the individual to select an option and develop an action plan
- P9 inform the individual of forms of support available to them
- P10 manage your own feelings aroused by the selected option in a way which supports the right to such feelings whilst minimising any undue effects on the
- P11 assist the individual in accessing the selected option, if required
- P12 maintain contact with the individual which offers an optimum level of support without infringing on the individual's freedom
- P13 review the action plan regularly and encourage and motivate the individual to keep to the action plan
- P14 encourage the individual to maintain focus on themselves and their own progress
- P15 encourage the individual to seek further help and support, if necessary
- P16 respect the individual's right to change their mind about taking the matter any further or selecting a different option
- P17 make services available to protect children and young people affected by someone else's substance use, where required
- P18 manage your own feelings aroused by the selected option or alternative in a way which supports the right to such feelings whilst minimising any undue effects on the individual
- P19 encourage the individual to feedback on progress
- P20 encourage the individual to feedback on the effectiveness of support obtained
- P21 identify any significant positive changes in the individual
- P22 encourage and support the individual to review the action plan
- P23 manage your own feelings aroused by the feedback in a way which supports the right to such feelings whilst minimising any undue effects on the individual
- P24 keep accurate and complete reports and store your records in a way which maintains the individual's confidentiality

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## Knowledge and understanding

You need to know and K1 understand:

- and K1 legal acts and policies relevant to the functions being carried out e.g. Children Act, Mental Health Act
  - K2 the partner agencies in the local area and their eligibility criteria
  - K3 how to communicate effectively with a variety of audiences
  - K4 how to run groups and how group dynamics work
  - K5 listening skills
  - K6 counselling skills
  - K7 how to explain complex material to improve people's understanding, both orally and in writing
  - K8 motivational techniques and skills
  - K9 how family dynamics work cause and effect
  - K10 the different family structures
  - K11 the different ways to solve problems in a family environment
  - K12 how family dynamics work within different cultures and ethnic and minority groups
  - K13 issues that affect children and young people within families affected by drug and alcohol use
  - K14 issues that affect children and young people as carers
  - K15 the protection that children and young people affected by someone else's substance use may require and how to make this protection available
  - K16 the range of different target populations, their different characteristics and needs
  - K17 the training and development opportunities available in the local area
  - K18 support groups both formal and informal
  - K19 benefits and financial assistance available

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#### **Additional Information**

**External Links** This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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