SFHCHS29
Support and enable individuals undergoing dialysis and their carers to carry out dialysis procedures

Overview

This standard covers supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures at home. This applies to all types of renal dialysis therapy. You are expected to give both routine and emergency help and advice. The routine support may be part of a structured training and education programme for individuals who are moving over to home therapy.

It is recognised within this standard that support and advice will always be given as part of an overall plan of care determined by professionals, including nurses, doctors and social workers within the care team.

Users of this standard will need to ensure that practice reflects up to date information and policies.
Support and enable individuals undergoing dialysis and their carers to carry out dialysis procedures

**Performance criteria**

You must be able to:

- **P1** apply standard precautions for infection prevention and control and other relevant health and safety measures
- **P2** check the individual’s identity and confirm the planned activity
- **P3** give the individual relevant information, support and reassurance in a manner which is sensitive to their needs and concerns
- **P4** gain valid consent to carry out the planned activity
- **P5** establish with the individual and their carer how much assistance they require and encourage them to be as self-managing as possible consistent with the plan of care
- **P6** give the individual and/or their carer appropriate support and assistance to:
  - **P6.1** prepare the necessary resources
  - **P6.2** prepare the skin area
  - **P6.3** clean their hands effectively
- **P7** answer any specific queries and questions from the individual and/or their carer accurately or seek advice from an appropriate member of the care team
- **P8** encourage the individual and/or their carer to carry out the activity using the correct technique at appropriate times according to the plan of care
- **P9** enable the individual and/or their carer to recognise progress and problems with the activity and either cease the activity or seek advice where necessary
- **P10** seek advice immediately from the appropriate professional if there are any indications which may signify the activity is no longer appropriate or there are adverse reactions
- **P11** enable the individual and/or their carer to dispose of waste materials, and understand the reasons for doing so, in an appropriate safe manner and place
- **P12** give full and accurate details of how to seek help in case of difficulties with dialysis to the individual and/or their carer in an appropriate manner, level and pace
SFHCHS29
Support and enable individuals undergoing dialysis and their carers to carry out dialysis procedures

Knowledge and understanding

You need to know and understand:

K1 the current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures

K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance

K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer

K4 the importance of working within your own sphere of competence and seeking advice when faced with situations outside your sphere of competence

K5 the importance of applying standard precautions to the supporting and enabling of individuals undergoing dialysis and their carers to carry out dialysis procedures at home and the potential consequences of poor practice

K6 the importance of giving advice and information in a manner, level and pace which is appropriate for the individual and/or their carer

K7 the roles of local health authorities and councils in the disposal of waste

K8 what is hazardous and non-hazardous waste and how it can be disposed of safely

K9 the effects of dependence and independence on the individual, their carers and the provision of the service in relation to carrying out dialysis procedures

K10 the concerns which individuals may have in relation to their procedures and treatment

K11 the contra-indications or adverse reactions to the procedures and how to explain these, and the actions they should take, to the individual/carerer without causing undue alarm

K12 the ways in which individuals can be helped to prepare for different activities, including holidays, changing the dialysis regime or route, and social events; the appropriate steps to take and the potential side effects

K13 how the individual can adapt the treatment to their personal needs and lifestyle without compromising the treatment

K14 how you can assist in reducing anxiety levels in an individual and/or carer when carrying out dialysis procedures

K15 the equipment and materials needed to carry out dialysis at home and how to explain and demonstrate to the individual/carer:

K15.1 how and where to store them
Support and enable individuals undergoing dialysis and their carers to carry out dialysis procedures

K15.2 how to clean and maintain them
K15.3 the specific precautions they should take in relation to preventing infection
K15.4 how to use them correctly
K15.5 the common problems they may encounter when carrying out dialysis at home and how they should deal with these

K16 methods of assessing the ability of the individual/carer in carrying out dialysis procedures

K17 how to provide constructive feedback to the individual/carer on any aspects of the dialysis procedures they need alter to ensure effective dialysis at home

K18 the importance of keeping accurate and up to date records

K19 the importance of encouraging the individual/carer to keep accurate notes on problems/issues they want to discuss with members of the care team

K20 the importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff
SFHCHS29
Support and enable individuals undergoing dialysis and their carers to carry out dialysis procedures

Additional Information

External Links
This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs
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