Support individuals through detoxification programmes

Overview

For this standard you need to work with individuals to achieve stabilisation and/or withdrawal from substance use through a planned programme of treatment and care. Detoxification programmes involve a range of interventions to address individuals’ physical, psychological, emotional, social and legal problems and in many cases include the prescribing of substitute medication.

Users of this standard will need to ensure that practice reflects up to date information and policies.
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Performance criteria

You must be able to:

P1 confirm the eligibility of the individual for admission to the detoxification programme in line with locally agreed criteria
P2 arrange for individuals to undertake a comprehensive assessment to evaluate their substance misuse problems and potential risks to the individual and others
P3 arrange the start of the detoxification programme with the level of urgency appropriate to the individual's needs and circumstances
P4 provide the individual with advice and information about the detoxification programme prior to commencement
P5 assess whether the individual's carers or significant others have a role to play in the detoxification programme and if so, include them in the planning and induction
P6 agree a contract of care outlining behaviours which are unacceptable during the detoxification programme and your organisation's commitment to provision of non-discriminatory and supportive service in line with your organisation's policies and procedures
P7 support the individual to maintain realistic expectations of the detoxification programme.
P8 formulate a treatment and care plan with the individual, involving relevant members of other service teams
P9 when appropriate, refer the individual to a prescribing service for prescribing of substitute medication
P10 maintain accurate and complete records of referrals to other services in line with locally agreed protocols
P11 arrange for provision of appropriate services according to the individuals identified needs
P12 provide harm minimisation advice appropriate to the individuals' needs
P13 offer the individual tests for HIV and hepatitis B and C
P14 regularly review the treatment and care plan with the individual and others involved in service delivery
P15 screen the individual for substance use to monitor compliance according to your organisations protocols
P16 review expectations and plans with individuals who are not yet able complete the detoxification programme
P17 arrange a discharge planning meeting with attendance by other service provider team members in order to formalise an ongoing care plan
P18 ensure individuals who have achieved abstinence are referred to sources of further appropriate support
P19 maintain active co-ordination between detoxification services and subsequent rehabilitative care
P20 encourage individuals who have achieved abstinence to be assessed for suitable rehabilitation
Support individuals through detoxification programmes

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<tr>
<td>P21</td>
<td>complete case closure documentation promptly and accurately for individuals who have achieved abstinence or left the programme</td>
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Support individuals through detoxification programmes

Knowledge and understanding

You need to know and understand:

K1 how to pass information obtained during assessment or treatment to another agency in line with local protocols
K2 how to prioritise requests for assessment according to their priority in line with your organisation's criteria
K3 how to involve individuals in the assessment of their needs
K4 how to assess an individual's motivation and readiness to engage in a treatment programme
K5 how to review assessments at appropriate intervals once an individual has commenced a programme of care
K6 the importance of keeping full and accurate records, and how to do so
K7 the principle of confidentiality: what information may be given to whom
K8 locally agreed criteria for admission of individuals to a detoxification programme
K9 how to arrange for completion of comprehensive substance misuse and risk assessments
K10 how to establish the appropriate level of urgency for admission to a detoxification programme
K11 advice and information required by individuals prior to a detoxification programme
K12 how to agree a contract of care, outlining the responsibilities of your organisation and the responsibilities of the individual during the detoxification programme
K13 how to involve significant others and carers in an individual's detoxification programme
K14 how to manage individuals' expectations of a detoxification programme
K15 how to formulate a treatment and care plan for an individual
K16 how to involve members of other service teams in planning and reviewing an individual's care plan
K17 how to actively involve an individual in formulating and reviewing a care plan
K18 harm minimisation good practice including overdose prevention, safer injecting, contraception and safer sex
K19 how to arrange for an individual to be tested for substance use, HIV and hepatitis
K20 how to review expectations and plans with individuals who are not yet able to complete the detoxification programme
K21 the available detoxification options, including substitute medications and regimes
K22 locally agreed criteria for selecting specific detoxification options
K23 the evidence base for detoxification programmes and realistic expectations of outcomes
K24 how to deal with challenging, abusive, aggressive or chaotic behaviour
SFHAH7
Support individuals through detoxification programmes

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<td>K25</td>
<td>how to assess the risk to individuals and to others from their substance misuse and/or co-existent problems</td>
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<td>K26</td>
<td>the importance of regularly reviewing risk assessments</td>
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<td>K27</td>
<td>the signs and implications of a range of substance misuse related problems including drug use, alcohol use, psychological problems, physical problems, social problems and legal problems</td>
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<td>K28</td>
<td>ways of keeping your knowledge about substances and indications of substance misuse up to date</td>
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<td>K29</td>
<td>how to understand the jargon used by substance misusers in your locality</td>
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Additional Information

External Links
This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments
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<th>Skills for Health</th>
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<td>June 2012</td>
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