



Gofal Cymdeithasol **Cymru**
Social Care **Wales**

?Advocacy for non-professional advocates

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Introduction and background

These learning materials, developed by Tros Gynnal Plant, are designed to assist those who are not independent professional advocates, but who do *advocate* (e.g. non-advocacy professionals, friends, family, carers) fully understand the role of an advocate and how this is reflected in their own actions.

These materials will support the implementation of the Social Services and Well-being (Wales) Act by helping citizens achieve well-being. They will contribute to giving people a stronger voice and greater control over their lives, and will allow those who need care and support and their carers to make an active contribution to their own well-being by creating skilled and confident advocates to stand alongside them.

[PowerPoint – Introductory Session](#)

PPTX 787KB

[Course Briefing](#)

DOCX 72KB

[Introductory Session Lesson Plan](#)

DOCX 50KB

[Contents Sheet](#)

DOCX 73KB

Module 1 – what is advocacy?

This module looks at what is meant by the term advocacy. It also describes and compares current advocacy approaches, considers what an effective advocate does/does not do, describes the advocacy process and identifies the key considerations for advocates at each stage.

[PowerPoint – Module 1 What is Advocacy?](#)

PPTX 691KB

[1a – The Difference Advocacy Can Make Quotes](#)

DOCX 26KB

[1b – Empathy Cards1b – Empathy Cards](#)

DOC 26KB

[1c – Is This Advocacy?](#)

DOCX 40KB

[1d – Types of Advocacy](#)

DOCX 26KB

[1e – The Advocacy Process](#)

DOCX 27KB

[Module 1 – Learners' Workbook](#)

DOCX 56KB

[Module 1 – Lesson Plan](#)

DOCX 52KB

[Module 1 – Evaluation Form](#)

DOCX 57KB

[Module 1 – Personal Action Plan](#)

DOCX 56KB

Module 2 – am I an advocate?

This module is designed to help people identify when and how they themselves may act as advocates. It also looks at why they may be unable to advocate effectively in some

situations and what alternative options are available to ensure that they receive ongoing support if they are unable to advocate effectively.

[PowerPoint – Module 2 Am I an Advocate?](#)

PPTX 695KB

[2a – What is Advocacy?](#)

DOCX 25KB

[2b – Advocacy Process](#)

DOCX 41KB

[2c – Advocacy Types](#)

DOCX 32KB

[2d – What Type is Best Case Studies](#)

DOCX 45KB

[Module 2 – Evaluation Form](#)

DOCX 73KB

[Module 2 – Learners' Workbook](#)

DOCX 76KB

[Module 2 – Lesson Plan](#)

DOCX 67KB

[Module 2 – Personal Action Plan](#)

DOCX 57KB

Module 3 – advocacy skills

This module helps people identify the key skills required to be an effective advocate. It also helps them recognise their own advocacy skills and relate them to their own experiences,

and demonstrates new and/or enhanced skills to complement their role as an advocate.

[PowerPoint – Module 3 Advocacy Skills](#)

PPTX 1MB

[3a – How Do You Act as an Advocate](#)

DOCX 27KB

[3b – What Makes a Good Advocate](#)

DOCX 27KB

[3c – Skills Practice Using Empathy to Overcome Judgements](#)

DOCX 28KB

[3d – Skills Practice Non-verbal Communication](#)

DOCX 36KB

[3e – Know What I Mean](#)

DOCX 31KB

[3f – Skills Practice Appropriate Use of Language](#)

DOCX 223KB

[3g – Questioning Technique Exercise](#)

DOC 38KB

[3h – Skills Practice Assertiveness](#)

DOCX 37KB

[Module 3 – Evaluation Form](#)

DOCX 73KB

[Module 3 – Learners' Workbook](#)

DOCX 2MB

Module 3 – Lesson Plan

DOCX 70KB

Module 3 – Personal Action Plan

DOCX 72KB