



Gofal Cymdeithasol **Cymru**  
Social Care **Wales**

# **Outcome: Social care services to embed and deliver strengths-based approaches to care and support**

Outcomes of the 2021 to 2022 Impact report

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Go to <https://socialcare.wales/impact-report-21-22/impact-report-outcome-strengths-based> for the latest version.

An overview of our progress against this outcome three during 2021 to 2022.

## **Why it's important?**

Putting the individual and their needs at the centre of their care is a key principle of the Social Services and Well-being (Wales) Act 2014. It's also important to and give them a voice in, and control over, the outcomes that help them achieve well-being

People are the experts in their own lives. Working together with professionals, they are best placed to tell us what will support their well-being.

## **Our impact**

### **We're delivering practical tools and resources to support professionals with a strengths-based approach.**

We need to move towards having empowering 'collaborative conversations' with people and families. We can then support these by better practices and more efficient processes.

Future service models will increasingly be based on the concept of 'what matters to me'. This shifts the focus from what professionals think to what the person needs. This is in-line with prudent healthcare and sustainable social services principles.

The impact of our work in relation to this outcome is unclear as this shift in practice won't be achieved in a single year.

So far, we've provided support to the sector through the All Wales Network of Mentors, outcome-focused training to local authority staff and resources developed for home care workers.

During 2022 to 2023, we'll check the benefits of our support to professionals in this area.

## **Next page**

We provide effective, high-quality and sustainable services