



Gofal Cymdeithasol **Cymru**  
Social Care **Wales**

# Research roadshows: How we chose the topics

How we chose the topics for our research roadshows in Llandudno and Cardiff.

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How we chose the topics for our research roadshows in Llandudno and Cardiff.

We're running two research roadshows so you can find out more about the research topics that matter to you.

We've teamed up with [Health and Care Research Wales](#) to hold the events in [Llandudno on 23 May](#) and [Cardiff on 13 June](#).

Working with the [James Lind Alliance](#) (JLA), we recently asked practitioners and people who use care and support what their most important issues and questions were.

We carried out this work to find the top 10 research priorities in care and support for [older people](#), and [children and families](#).

But our focus for the roadshows won't only be on the top 10.

During the process, we found that you were looking for research that in some cases already exists.

We want to bring more of that research to your attention.

## **The priority-setting process**

The JLA is a non-profit-making initiative which brings patients, carers and clinicians together to form ['Priority Setting Partnerships'](#) (PSPs).

These PSPs find research gaps and rank them to help the people who fund research make informed decisions.

## What did the exercises find?

The work produced a list of 10 research priorities in each area.

### Top 10: Children and family support

1. How can families be supported to problem-solve for themselves and take more control over their lives?
  2. How can practitioners make more use of trauma-informed practice in their day-to-day work?
  3. What are the best ways to support children and family members who are experiencing mental health difficulties?
- Find the [full top 10 on the JLA website](#).

### Top 10: Care and support for older people

1. Does early care planning and/or early or regular contact by social care services help prevent problems and result in better experiences for older people than waiting until there's a crisis?
  2. How can we reduce isolation and stress among carers of older people and prevent burn-out?
  3. How can social care and health services, including the voluntary sector, work together more effectively to meet the needs of older people?
- Find the [full top 10 on the JLA website](#).

## Why not focus only on the top 10?

As well as finding a top 10 in each area, we found there was a gap between the evidence that already exists and what people currently know about.

People were raising questions on issues around which research has already been done.

We know these things are important to you. We also know there's evidence out there. We want to bring more of it to your attention at our roadshows.

## **What will be covered?**

The roadshows will cover a wide range of themes.

A lot of these themes have been chosen based on the questions you raised during the priority-setting process.

Even though there'll be a focus on looking beyond the top 10, some of the themes will also be relevant to those top 10 priorities.

### **Children and family support - Venue Cymru, Llandudno, 23 May, 9.30am to 3.45pm**

- Cost of living
- Preventing children from being in care
- Young people and risk
- Strengths-based work with children and families
- Children looked after

### **Care and support for older people - City Hall, Cardiff, 13 June, 9.30am to 3.45pm**

- Evaluating the Social Services and Well-being (Wales) Act

- Support for unpaid carers
- Taking care of the whole older person
- Social work with older people in context
- Technology in adult social care

## **How will the day work?**

The roadshows will feature presentations by researchers from across Wales.

You'll then have the chance to talk about the topics in more detail with the researchers themselves and other practitioners.

We want you to be as involved as possible, helping you to find the answers you're looking for.

## **Book your place: Llandudno**

Free tickets for the event on 23 May are available through Eventbrite.

## **Book your place: Cardiff**

Free tickets for the event on 13 June are available through Eventbrite.