



Gofal Cymdeithasol **Cymru**  
Social Care **Wales**

# Services that embed and deliver strengths- based approaches

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Go to <https://socialcare.wales/about-us/our-outcomes/impact-report-2022-to-2023/social-care-services-that-embed-and-deliver-strengths-based-approaches-to-care-and-support> for the latest version.

## **Social care services that embed and deliver strengths-based approaches to care and support.**

An overview of our progress against this outcome from our [strategic plan](#) during 2022 to 2023.

Putting the person and their needs at the centre of their care, and giving them a voice in, and control over the outcomes that help them achieve well-being is a key principle of the Social Services and Well-being (Wales) Act 2014.

People are the experts in their own lives, and by working with professionals, they're best placed to tell us what will help their well-being.

We've been producing practical tools and resources to help professionals use a [strengths-based approach](#) in their practice.

In 2022 to 2023, we provided training to **more than 260 Responsible Individuals** in Wales about:

- the legislative context in Wales
- outcome-focused and strengths-based practice
- how to put 'what matters' conversations at the heart of care and support provision.

We ran a network of mentors to champion the strengths-based approach in their organisation. Members include staff from **19 local authorities** and the unpaid carers' organisation Credu Cymru.

## **Management and leadership programmes**

We have oversight of a number of management and leadership programmes.  
To date:

- **751 people** have attended the Team Manager Development Programme
- **90 people** have attended the Middle Manager Development Programme.

**Ninety-nine per cent** of those who attended felt it was relevant to them and their organisation, and that it met their needs.

We also worked with the sector to develop **two new programmes** – one for aspiring middle managers and one about collective and compassionate leadership.