



Gofal Cymdeithasol **Cymru**  
Social Care **Wales**

# ?Young carers and young adult carers

First published: 5 April 2017

Last updated: 4 January 2023

This document was downloaded from [socialcare.wales](https://socialcare.wales) and may not be the latest version. Go to <https://socialcare.wales/resources-guidance/information-and-learning-hub/learning-resources/social-services-and-well-being-wales-act-2014/working-with-carers/young-carers-and-young-adult-carers> for the latest version.

## Overview

There are approximately 30,000 carers under the age of 25 in Wales. A carer is someone who provides or intends to provide care for an adult or disabled child. According to the 2011 census, Wales has the highest proportion of carers under 18 in the UK.

The Social Services and Well-being (Wales) Act 2014 brings with it substantial changes to the rights and entitlements of young and young adult carers. These resources, developed by Carers Trust Wales, outline how the Act relates to these carers and what this means for identifying, assessing, and supporting them.

The resources below also include videos of young and young adult carers sharing their experiences and talking about the challenges they've faced and what would make the biggest difference to their lives.

[Young Carers and Young Adult Carers presentation](#)

PPTX 291KB

[Young Carers and Young Adult Carers presentation with videos](#)

PPTX 296KB